

# The simplest way

... to make winter warming snacks.

During winter, after a long day at school, kids come home ready for a nice warm snack. Here are some simple, healthy snacks to warm and satisfy tummies.



- Creamed corn on wholemeal toast
- Baked beans on an English muffin
- Bowl of vegetable soup (try pumpkin or potato and leek)
- [Stewed apples and sultanas](#)
- Toasted cheese and tomato sandwich
- [Banana pikelets](#)
- [Zucchini and cheese hash brown cups](#)
- Porridge with pear

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