



**CAMPBELLTOWN ZONE  
PRIMARY SCHOOL SPORTS ASSOCIATION**

**ATHLETICS CHAMPIONSHIPS**

**Wednesday 28<sup>th</sup> August 2024 ~ Field Events + 1500m: 8:30am – 3:00pm**  
**Thursday 29<sup>th</sup> August 2024 ~ Track Events (Heats and Finals): 8:30am – 3:00pm**

**RULES AND CONDITIONS**

**1. ENTRIES**

Schools are eligible to enter the following competitors in each age group:

- a) Two (2) competitors in 100m events (8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs)
- b) Two (2) competitors in 200m events (Jnrs, 11yrs, 12/13 yrs)
- c) Two (2) competitors in 800m events (Jnrs, 11yrs, 12/13 yrs)
- d) Up to two (2) competitors in 1500m events (Jnrs, 11yrs, 12/13 yrs). Athletes who place first (1<sup>st</sup>) in a school 1500m event gain automatic entry. Schools may enter athletes who place second (2<sup>nd</sup>) in a 1500m event **if they reach the qualifying standard.**
- e) Up to two (2) competitors in each field event (Jnrs, 11yrs, 12/13 yrs). Athletes who place first (1<sup>st</sup>) in a school field event gain automatic entry. Schools may enter athletes who place second (2<sup>nd</sup>) in a field event **if they reach the qualifying standard.**
- f) One (1) team per gender in relay events (Jnrs & Snrs) \* *Note: Jnr qualifiers are 8yrs, 9yrs & 10yrs. Snr qualifiers are 11yrs, 12yrs & 13yrs.*

**Additional entries will be considered only in cases of exceptional circumstances and received by the Zone Athletics Convener one week prior to the Championships.**

**2.1 SECTIONS**

- a) The meeting shall be conducted in sections for boys and girls.  
12/13 Years: 12/13 Years children are those born in 2011, 2012  
11 Years: 11 Years children are those born in 2013  
Junior: Junior children are those born in 2014, 2015, 2016
- b) A competitor whose significant birthday occurs during the current year is eligible for that age event **only**.

**2.2 SECTIONS – ATHLETES IN MULTI CLASS EVENTS**

- a) Track and field events are offered to athletes in Multi Class events in two age groups.  
Junior: 8 years, 9 years, 10 years  
Senior: 11 Years, 12 years, 13 years  
A competitor whose significant birthday occurs during the current year is eligible for that event only.
- b) Entries for athletes in Multi Class events must be processed and submitted by their school.
- c) Events for athletes in Multi Class events, conducted in boys divisions and girls divisions, are:  
Track - 100m: Junior, Senior; 200m: Junior, Senior; 800m: Junior, Senior  
Field - Long Jump: Junior, Senior; Shot Put: Junior, Senior; Discus: Junior, Senior
- d) Each athlete in Multi Class events must have current classification documentation for their disability category in order to compete at the Campbelltown PSSA Athletics Championships and to proceed to the SSW Athletics Championships. This documentation must be forwarded to the Campbelltown PSSA President and Convener 14 days prior to the commencement of the Zone championships. The verification of classifications will be done against the Athletics Australia Classification Masterlist and in conjunction with the Australian Paralympic Committee, Sports Inclusion Australia, Transplant Australia and Deaf Sports Australia. More information about the classification process can be found at: <https://app.education.nsw.gov.au/sport/disabilities/CLASSIFICATION>  
Classification categories are as follows: Intellectual, Physical, Vision, Transplant, Hearing.  
Athletes who do not have a classification prior to competition and fail to meet this requirement will be ineligible to compete at the Campbelltown PSSA Athletics Championships.
- e) Placings for athletes in Multi Class events will be determined using the Athletics Australia Multi Disability Standards (MDS). Each athlete's performance will be compared to the MDS for their respective classification to determine a percentage. All results in each Multi Class event will be converted to a percentage and the largest percentage wins, second largest second etc.

**3. REFEREE**

Rules to be observed shall be in accordance with the World Athletics Technical Rules except where stated otherwise. The referee shall be sole arbiter in points under dispute.

**4. PROTESTS**

No protest shall be considered unless a written protest is lodged at the announcer's box by the School Team Manager within 20 minutes of the conclusion of the event. Protests shall be dealt with by the Athletics Committee in consultation with the referee.

**5. COACHING**

Parents, coaches and unauthorised persons are not allowed on the ground. Once competitors are in the hands of officials controlling the event, they shall not receive any coaching or advice. Penalty is disqualification of the competitor at the discretion of the referee.

**6. MARSHALLING**

Competitors must report to the marshals immediately after the first call. Failure to report after two calls means the competitor may be eliminated.

**7. PRIORITIES**

If a competitor is entered in several events which run concurrently, he/she must give priority to a track event, then high jump, then long jump, then, shot put events and discus events.

## 8. STARTING ORDER

a) 100m, 200m and Relays: Competitors may use a standing start or a crouch start in 100m, 200m and relay events. Athletes wearing spiked shoes during a crouch start MUST use starting blocks. Athletes in spikes may alternatively use a standing start. If using starting blocks, competitors must use those provided by the venue. The toes of both feet must be in contact with the ground. Competitors must stand behind the mark until called to move up by the starter. Hands must be behind the mark. The orders given by the starter shall be: On your mark, set, then the gun. \*\* NOTE: Rules about the use of starting blocks may change at venue management's discretion.

b) 800m & 1500m: Competitors must use a standing start in 800m and 1500m events. Competitors must stand behind the mark until called to move up by the starter. The orders given by the starter shall be: On your mark, then the gun.

\*\* NOTE: the use of spikes and starting blocks is not permitted in 800m and 1500m events.

## 9. FALSE STARTS

A competitor causing a false start shall be warned and can\* be disqualified for a second false start.

\*Discretion of the Convener.

## 10. THE ARENA

Competitors are only allowed in the arena to participate in their event. Competitors are to leave the arena immediately after their event.

## 11. CIRCULAR RELAY

a) Relays shall be run on a circular track (4x100m). A team shall consist of four (4) runners from the same school and a baton shall be carried in hand. Batons will be supplied.

b) The baton shall be passed within the takeover zone. The takeover zone shall be 30 metres long. Receiving athletes must start within the zone and have full control of the baton when leaving the zone. All runners must remain in their allotted lane until all teams are clear of the takeover zone.

c) If the baton is dropped, it shall be recovered by the athlete who dropped it. If it drops out of the team's lane, the athlete may leave the lane to retrieve it provided they do not lessen the distance covered and no other athlete is impeded.

d) Failure to keep to the allotted lane or change the baton in the takeover zone will be reported to the referee for a decision.

## 12. LONG JUMP

Each competitor shall have three (3) qualifying jumps in rotation. The leading 8 qualifiers shall have one more jump. Placings are then decided according to the best jump of each competitor. In the event of a tie, the relative placings shall be decided by the next best effort in the count back.

## 13. HIGH JUMP

a) Competitors may have three (3) attempts in rotation of each height. Three (3) consecutive failures at any height shall exclude the competitor from further jumping except in the case of a tie for first place.

b) The period allowed for a trial shall be: more than 3 competitors – 30 seconds, 2 or 3 competitors – 1.5 minutes, 1 competitor – 3 minutes. Consecutive trials – 2 minutes.

c) If an athlete returns from another event, re-entry shall be at the existing bar height.

d) In the event of a tie, the best recorded jump on count back, in accordance with World Athletics Technical Rule 26.8, shall decide the place winners.

e) Bar rises shall be 5cm until a maximum of six (6) competitors remain, then 3cm. If the field comprises of less than eight (8) competitors, the increments are at the decision of the Chief Judge in consultation with the Field Referee. Unless there is only one (1) athlete remaining and he/she has won the competition, the bar shall never be raised by less than 2cm. After an athlete has won the competition, the height or heights to which the bar is raised shall be decided by the athlete, in conjunction with the Chief Judge or Field Referee.

## 14. SHOT PUT

Each competitor has three (3) throws in rotation. The leading 8 qualifiers shall have another throw. Placings are then decided according to the best throw of each competitor. In the event of a tie, the relative placings shall be decided by the next best effort in the count back. Competitors shall use the equipment supplied by the Association:

Juniors and 11 Years: 2kg

Seniors: 3kg

## 15. DISCUS

Each competitor has three (3) throws in rotation. The leading 8 qualifiers shall have another throw. Placings are then decided according to the best throw of each competitor. In the event of a tie, the placings shall be decided by the next best effort in the count back. Competitors shall use the equipment supplied by the Association:

Juniors: 500 g

11 Years and Seniors: 750 g

## 16. QUALIFYING DISTANCES/HEIGHTS

These will be determined by the Convener each year. In 2024, the qualifying standards shall be:

		<b>GIRLS</b>	<b>BOYS</b>
Shot Put	Junior	3.00m	3.50m
	11 Years	4.00 m	5.00m
	12/13 Years	4.00m	4.50m
Long Jump	Junior	2.30m	2.30m
	11 years	2.40m	2.40m
	12/13 years	2.50m	2.50m
High Jump	Junior	0.9m	0.9m
	11 years	1.00m	1.00m
	12/13 years	1.05m	1.05m
Discus	Junior	10.00m	12.00m
	11 years	10.00m	12.00m
	12/13 years	10.00m	12.00m

*\*\* For Shot Put and Discus, please remember the different weights for each age group.*

1500m Time	Junior	8.30.00 mins	8:15.00 mins
	11 years	8.00.00 mins	7.45.00 mins
	12/13 years	7.30.00 mins	7.15.00 mins

#### 17. FINALISTS

- a. 100 metre events: Ten (10) fastest times will contest the final.
- b. 200 metre events: Eight (8) fastest times will contest the final.
- c. Relay events: Will be run as timed finals.

#### 18. CHAMPION SCHOOL

The school gaining the highest total of points throughout the meeting shall be declared the Champion School.

#### 20. ZONE TEAM

The Campbelltown Zone Team will be selected from the results of this championship and will contest the Sydney South West Regional Athletics Championship at Campbelltown Athletics Stadium on Wednesday 18<sup>th</sup> September. The top 3 competitors in the 100m and 200m finals will qualify for region. The fastest 3 teams in the timed relay finals will qualify for region. The top 2 competitors in the 800m events will qualify for region. Up to 2 competitors for the 1500m and ALL field events will qualify for region – athletes who place 1<sup>st</sup> in these events will gain automatic entry; athletes who place 2<sup>nd</sup> in these events will gain entry *if they meet the qualifying standard*. **TRANSPORT TO AND FROM THE VENUE IS THE RESPONSIBILITY OF ATHLETES' PARENTS/CARERS.**

#### 21. PRESENTATIONS

Trophies will be presented on the day to the Age Champions and Champion School.

Certificates will be presented to 1st, 2nd and 3rd placegetters in a final. Certificates will be given to the supervising teacher to be handed out at school.

#### 22. WET WEATHER

Due to the synthetic nature of the athletics track and the availability of shelter, the carnival can proceed in the event of wet weather. Notification of any postponement of the championships will occur through the competitors' schools.

#### 23. STAFFING

All schools attending must provide two (2) members of staff each day to assist with the operational running of the championships.

#### 24. COST

**\$5.00 per student per day.**