



**THE TOPS**  
LIFE TO THE FULL

### **What Do I Bring?**

This is not intended to be a comprehensive list of everything you could possibly need. If in doubt, remember, it's better to have it and not need it than to need it and not have it! Everyone coming to The Tops needs;

- Wet weather gear / raincoat
- Personal Medication
- Hat
- Jumper and / or Jacket
- Sunscreen
- Covered shoes (thongs & sandals are not recommended for outdoor use on site)
- Insect Repellent

Additional needs for those staying overnight;

- Linen: 1 base sheet + (i) sleeping bag or (ii) full set of sheets including pillow case. A doona and pillow are provided on each bed. Linen hire is available by prior arrangement.
- Toiletries
- Bath Towel
- Sleep Wear
- Underwear
- Change of clothes for each day
- Socks
- Additional needs for those participating in Activities
- Extra pair of covered shoes
- Water bottle. Available to purchase by prior arrangement or during office hours.
- Full length tops / shirts. Short tops are not suitable for activities, especially those involving harnesses.
- Short pants. Not too short, especially for harnessed activities.
- Note: Outdoor activities may result in damage / soiling of clothing. Please ensure clothing is suitable for outdoor recreational use. It is advised that these items (+ hat) are packed into your day pack, ready to go.
- Extra stuff you might need
- Day pack (for bush walking and carrying gear to activities)
- Garbage bag to take wet / dirty clothes home in
- Torch
- Swimmers
- Beach Towel
- Money (coins for guest washing machines and vending machines)
- Camera