



Thomas Acres Public School



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<https://thomasacre-p.schools.nsw.gov.au>

21st July 2025

Dear Parents and Carers.

During Term 3, Support Unit students will be participating in the Child Protection component of the Personal Development and Health Syllabus (PDH).

Part of our school's PDHPE program includes mandatory child protection education. Some of the content taught in health, wellbeing, relationships, and child protection education deals with sensitive issues.

Therefore, the content will be taught in an age-appropriate way.

The S2 and Stage 3 content which will be covered in child protection includes:

Stage 2 / 3

- Relationships
- Identifies how individuals care for each other
- Communication
- Making decisions
- Feelings, needs and wants
- Personal health, nutrition and hygiene
- Male/female characteristics and puberty-related changes
- Body systems (functions), growth, development and heredity
- Gender images and expectations or male and female characteristics
- Changes in body and feelings about change
- Medication purpose, safe use and storage
- Personal rights and responsibilities
- Personal, school, family and cultural values
- Recognising and responding to safe and unsafe situations
- Developing positive relationships and support networks
- Developing assertiveness (No Go Tell)





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Why is this important ?

Health, wellbeing, relationships, and child protection education provides an opportunity for students to learn about the physical, social and emotional changes.

Activities in this unit are designed to allow students to demonstrate their strengths and capabilities when exploring ways to keep their environments safe and responding to unsafe situations.

All sessions will be taught by your child's classroom teacher, as they have spent the most part of this year building relationships of trust and respect.

It is also important that students are provided with opportunities to discuss their concerns and develop decision-making skills and strategies to manage change, challenges, power, abuse, violence and learn how to protect themselves and others in a range of situations.

For more information about child protection education go to the [Child protection and respectful relationships education](#) section on the Department of Education's PDHPE website.

The lessons will be taught once a week for the next 10 weeks during Health lessons.

For further information, or if you wish to discuss any of the program's content, please do not hesitate to contact

Mrs Lawrence at the school on 4626 4577.

Kind Regards,
Support Unit Teachers

