



Thomas Acres Public School



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23rd July 2025

Dear Parents/Caregivers;

Over the term, Stage 1 students will be participating in the subject Personal Development Health Physical Education.

Part of our school's PDHPE program includes mandatory child protection education. Some of the content taught in health, wellbeing, relationships and child protection education deals with sensitive issues. The content will be taught in an age-appropriate way. The specific content is shown below:

The content which will be covered in child protection includes:

- ☐ Showing respect (listening to instructions, turn taking and sharing)
- ☐ Similarities and differences between people
- ☐ Support networks and how they change
- ☐ My body is private and I can look after it myself
- ☐ Body signals and Yes and No feelings
- ☐ Safe touch and unsafe touch
- ☐ Happy and unhappy secrets
- ☐ What is bullying?
- ☐ Responding to bullying and the No-Go-Tell
- ☐ My strategies in scenarios

Why does this learning matter?

Health, wellbeing, relationships and child protection education provides an opportunity for students to learn about the physical, social and emotional changes. Activities in this unit are designed to allow students to demonstrate their strengths and capabilities when exploring ways to keep their environments safe and responding to unsafe situations. All sessions will be taught by your child's classroom teacher, as they have spent the most part of this year building relationships of trust and respect. It is also important that students are provided with opportunities to discuss their concerns and develop decision-making skills and strategies to manage change, challenges, power, abuse, violence and learn how to protect themselves and others in a range of situations.

For more information about child protection education go to the [Child protection and respectful relationships education](#) section on the Department of Education's PDHPE website.

The lessons will be taught once a week for the next 10 to 12 weeks during Health lessons.

For further information, or if you wish to discuss any of the program, please do not hesitate to contact Mrs Williamson at the school on 4626 4577.

Kind Regards,
Stage 1 Teachers

