



Thomas Acres Public School



Crispsparkle Drive, AMBARVALE NSW 2560



T: (02) 4626 4577

F: (02) 4626 8488



thomasacre-p.school@det.nsw.edu.au



<https://thomasacre-p.schools.nsw.gov.au>

Dear Parents/Caregivers;

Over the term, Kindergarten students will be participating in the subject Personal Development Health Physical Education.

Part of our school's PDHPE program includes mandatory child protection education. Some of the content taught in child Protection education deals with sensitive issues. The content will be taught in an age appropriate way.

The specific content is shown below:

1. **Being respectful**
2. **I have people who keep me safe** (describing families)
3. **Who do I trust?** (helpers who can care for me)
4. **Body parts** (anatomical terms to differentiate private and public)
5. **Yes and no feelings** (naming emotions based on 'Inside Out' movie clips)
6. **Body signals and warning signs** (matching emotions to body feelings eg. butterflies = nervous)
7. **Safe or unsafe** (what body signals / emotions tell me if a situation is safe/unsafe)
8. **Wanted and unwanted touch** (naming ways they do/don't like to be touched eg hugs and how to say yes or no)
9. **No, go, tell** (practise ways of seeking help in different scenarios when feeling unsafe)
10. **Strategies for staying safe** (applying 'no, go, tell' strategies to storybook scenarios)

For more information about child protection education go to the Child Protection and Respectful Relationships education section on the Department of Education's PDHPE website:

<https://education.nsw.gov.au/teaching-and-learning/curriculum/key-learning-areas/pdhpe/child-protection-and-respectful-relationships-education>. For further information, or if you wish to discuss any of the program, please do not hesitate to contact the school on 4626 4577.

Telephone Interpreter Service If you need an interpreter to assist you to contact the school, please call the Telephone Interpreter Service on 13 14 50 and ask for an interpreter in your language. The operator will call the school and get an interpreter on the line to assist with the conversation. You will not be charged for this service.

Yours sincerely,

Mr Pope
Principal

Mrs Lockhart (M, Tu, W) | Mrs Rafter (Th, F)
Assistant Principals - Kindergarten

Miss Clarke, Ms Lacey, Mrs Phillips
Kindergarten Teachers

