



Thomas Acres Public School



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Dear Parents/Caregivers;

Over the term, Stage 1 students will be participating in the subject Personal Development Health Physical Education.

Part of our school's PDHPE program includes mandatory child protection education. Some of the content taught in health, wellbeing, relationships and child protection education deals with sensitive issues. The content will be taught in an age-appropriate way. The specific content is shown below:

The content which will be covered in child protection includes:

- ☐ Relationships with others
- ☐ How people care for each other
- ☐ Body parts (private and non-private)
- ☐ Groups students belong to
- ☐ Bullying
- ☐ Recognising and responding to safe and unsafe situations
- ☐ Positive relationships and support networks
- ☐ Strategies to stay safe and ask for help
- ☐ Appropriate and inappropriate touching
- ☐ Communicating and cooperating with others in a respectful way
- ☐ Making safe decisions

Why does this learning matter?

Health, wellbeing, relationships and child protection education provides an opportunity for students to learn about the physical, social and emotional changes. Activities in this unit are designed to allow students to demonstrate their strengths and capabilities when exploring ways to keep their environments safe and responding to unsafe situations. All sessions will be taught by your child's classroom teacher, as they have spent the most part of this year building relationships of trust and respect. It is also important that students are provided with opportunities to discuss their concerns and develop decision-making skills and strategies to manage change, challenges, power, abuse, violence and learn how to protect themselves and others in a range of situations.

For more information about child protection education go to the [Child protection and respectful relationships education](#) section on the Department of Education's PDHPE website.

The lessons will be taught once a week for the next 10 to 12 weeks during Health lessons.

For further information, or if you wish to discuss any of the program, please do not hesitate to contact Mrs Puntoriero or Miss Tuerlings at the school on 4626 4577.

Kind Regards,
Stage 1 Teachers

